# Menopause care – past, present and future
## British Menopause Society 27th Annual Conference

### Day One morning – Thursday 6 July 2017

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<tr>
<th>Time</th>
<th>Session</th>
<th>Chair/Speaker(s)</th>
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| 0815       | Registration and refreshments                |                                                                                       | **Mr Tony Parsons**  
Consultant Community Gynaecologist  
Coventry and Warwickshire Partnership Trust, Coventry |
| 0900       | Welcome & introduction                       | **Kathy Abernethy**  
Chairman Elect, British Menopause Society, Senior Nurse Specialist,  
Associate Director, Northwick Park Hospital Menopause Clinic, London  
Trustee and Member of the BMS Medical Advisory Council |
| 0905-0925  | Session 1 – **Hot off the press**             | **Kathy Abernethy**  
Chairman Elect, British Menopause Society, Senior Nurse Specialist,  
Associate Director, Northwick Park Hospital Menopause Clinic, London  
Trustee and Member of the BMS Medical Advisory Council |
| 0925-1035  | Session 2 – **Beyond Cancer**                 | **Chair: Miss Joan Pitkin**  
Consultant Gynaecologist, Associate Medical Director & Director of R&D LNWH-TR Reader and Head of Year 5 Imperial College  
Trustee of the British Menopause Society                                                                 |
| 0925-0945  | Fertility preservation for young women with cancer | **Dr Sheila Lane**  
Paediatric Oncology Consultant at the Children’s Hospital Oxford & Honorary,  
Senior Lecturer in Paediatrics at the University of Oxford |
| 0945-1005  | Menopause and HRT after cancer                | **Dr Keith JM Spowart**  
Consultant Gynaecologist and Honorary, Senior Lecturer, Department of Obstetrics and Gynaecology, Queen Elizabeth University Hospital, Glasgow  
Member of the BMS Medical Advisory Council |
| 1005-1025  | Sex after cancer                              | **Ms Claudine Domoney**  
Consultant Obstetrician and Gynaecologist,  
Chelsea and Westminster Hospital, London |
| 1025-1035  | Q & A                                        |                                                                                       | **Joint chair:** **Mr David Sturdee**  
Former Chairman, International Menopause Society and former Chairman,  
the British Menopause Society  
**Dr Robert D Langer MD MPH**  
Associate Dean for Clinical and Translational Research and Professor of Family Medicine, University of Nevada, Reno School of Medicine, Principal Scientist and Medical Director, Jackson Hole Center for Preventive Medicine |
| 1035-1105  | Refreshments, posters & exhibition           |                                                                                       |                                                                                       |
| 1105-1145  | Session 3 – **The BMS Annual Lecture**        | **Chair:** **Mr David Sturdee**  
Former Chairman, International Menopause Society and former Chairman,  
the British Menopause Society  
**Dr Robert D Langer MD MPH**  
Associate Dean for Clinical and Translational Research and Professor of Family Medicine, University of Nevada, Reno School of Medicine, Principal Scientist and Medical Director, Jackson Hole Center for Preventive Medicine |
| 1145-1205  | **Indian Menopause Society Invited Session** | **Joint chairs:** **Dr Atul Munshi** and **Dr Navneet Takkar**  
**Dr Jaideep Malhotra**  
President, Indian Menopause Society  
Consultant Obstetrician & Gynaecologist Malhotra Nursing & Maternity Home, Agra, Director, Rainbow IVF, Agra |
| 1145-1235  | Does India need menopause management?         | **Dr Jaideep Malhotra**  
President, Indian Menopause Society  
Consultant Obstetrician & Gynaecologist Malhotra Nursing & Maternity Home, Agra, Director, Rainbow IVF, Agra |
| 1205-1225  | Ovarian conservation: to do or not to do?     | **Dr Suvarna Khadilkar**  
Consultant Endocrinologist and Gynaecologist, Bombay Hospital & Medical Research Centre, Mumbai |
| 1225-1235  | Q & A                                        |                                                                                       | **Joint chair:** **Mr David Sturdee**  
Former Chairman, International Menopause Society and former Chairman,  
the British Menopause Society  
**Dr Robert D Langer MD MPH**  
Associate Dean for Clinical and Translational Research and Professor of Family Medicine, University of Nevada, Reno School of Medicine, Principal Scientist and Medical Director, Jackson Hole Center for Preventive Medicine |
## Day One afternoon – Thursday 6 July 2017

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<tr>
<td>1235-1335</td>
<td>Standing fork buffet lunch, posters &amp; exhibition</td>
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<td>1335-1420</td>
<td>Session 5 – <strong>Educational symposium</strong> 2016 IMS Recommendations on women’s midlife health and menopause hormone therapy</td>
<td>Sponsored by Mylan&lt;br&gt;<strong>Mr Nick Panay</strong>&lt;br&gt;Consultant Gynaecologist, Queen Charlotte’s and Chelsea and Westminster Hospital, London Trustee and Member of the BMS Medical Advisory Council, International Menopause Society Board Member and former Editor-in-Chief Climacteric, the journal of the IMS.</td>
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<tr>
<td>1420-1520</td>
<td>Free communications</td>
<td>Oral presentations</td>
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<td>1520-1610</td>
<td>Session 6 – <strong>Below the belt…?</strong></td>
<td>Sponsored by Novo Nordisk&lt;br&gt;Chair: <strong>Dr Heather Currie</strong>&lt;br&gt;Associate Specialist Gynaecologist &amp; Obstetrician Dumfries &amp; Galloway Royal Infirmary, Dumfries, Chairman of BMS Member of the BMS Medical Advisory Council</td>
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<td>1520-1540</td>
<td><strong>The overactive bladder – current and future management</strong></td>
<td><strong>Professor Douglas G Tincello</strong>&lt;br&gt;Professor of Urogynaecology, Honorary Consultant Urogynaecologist, Associate Lead for Clinical Research, Department of Health Sciences, College of Medicine, Biological Sciences and Psychology, University of Leicester, Centre for Medicine</td>
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<tr>
<td>1540-1600</td>
<td><strong>Keeping it local – local options for vaginal symptoms</strong></td>
<td><strong>Mr Tim Hillard</strong>&lt;br&gt;Consultant Obstetrician &amp; Gynaecologist, Poole Hospital, NHS Foundation Trust, Poole, Trustee and Member of the BMS Medical Advisory Council</td>
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<td>1600-1610</td>
<td>Q &amp; A</td>
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<td>1610-1640</td>
<td>Refreshments, posters &amp; exhibition</td>
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<tr>
<td>1640-1725</td>
<td>Session 7 – <strong>Debate</strong>  This house believes: Vitamin D supplementation should be recommended to all women</td>
<td>Chair: <strong>Mr Edward Morris</strong>&lt;br&gt;Consultant Gynaecologist, Norfolk &amp; Norwich University Hospital Trustee and Member of the BMS Medical Advisory Council&lt;br&gt;&lt;br&gt;For: <strong>Mr Anthony Mander</strong>&lt;br&gt;Consultant Gynaecologist, Oxford and Oldham&lt;br&gt;&lt;br&gt;Against: <strong>Dr John C Stevenson</strong>&lt;br&gt;Consultant Metabolic Physician and Reader, National Heart &amp; Lung Institute, Imperial College, London. Chairman, Women’s Health Concern. Trustee, British Menopause Society</td>
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<td>1725-1730</td>
<td><strong>Key messages &amp; close of Day One</strong></td>
<td><strong>Mr Tony Parsons</strong></td>
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<td>1735-1805</td>
<td>AGM</td>
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<td>1930</td>
<td>Buck’s Fizz reception</td>
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<tr>
<td>2000</td>
<td>Conference dinner</td>
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This Conference is financially supported in part by the pharmaceutical industry through sponsorship but it has no influence over the Conference agenda. Programme and speakers may be subject to change.
# Menopause care – past, present and future

**British Menopause Society 27th Annual Conference**

**Day Two morning – Friday 7 July 2017**

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| 0730-0810  | **Educational symposium**  
Expanding treatment options in VVA  
Different patients, different treatment options  
An innovative SERM for VVA                                           | **Sponsored by Shionogi**  
Chair: Mr Tim Hillard  
Mr Nick Panay  
Prof. Alessandra Graziottin  
Director of Centre of Gynaecology and Medical Sexology at H. San Raffaele Resnati and President and Founder of Foundation for the Cure and Care of Pain in Women, Milan, Italy |
| 0815       | Registration and refreshments                                           |                                                                                                                                                                                                               |
| 0900-1010  | **Session 8 – Clinical challenges**                                     | Chair: Mr Mike Savvas  
Consultant Gynaecologist, King’s College Hospital, London  
Member of the BMS Medical Advisory Council                                                                                                                                 |
| 0900-0920  | Premature Ovarian Insufficiency: What tests should we do?               | Professor Gerard Conway  
Consultant Endocrinologist, Clinical Lead in Endocrinology and Diabetes, National Hospital for Neurology and Neurosurgery, University College Hospital |
| 0920-0940  | Menopausal hormone therapy and breast cancer: what is the true size of the increased risk? | Professor Richard Farmer  
University of Surrey (Emeritus)                                                                                                                                                                              |
| 0940-1000  | The role of androgens in postmenopausal women                            | Mr Nick Panay  
Consultant Gynaecologist, Queen Charlotte’s and Chelsea and Westminster Hospital, London  
Trustee and Member of the BMS Medical Advisory Council, International Menopause Society Board Member and former Editor-in-Chief Climacteric, the journal of the IMS. |
| 1000-1010  | Q&A                                                                     |                                                                                                                                                                                                               |
| 1010-1040  | **Session 9 – The Pat Patterson Memorial Lecture**  
Polycystic ovary syndrome: implications for menopause and future health | Chair: Mr Tim Hillard  
Professor Bart Fauser  
Professor of Reproductive Medicine, University of Utrecht, The Netherlands                                                                                                                                 |
| 1040-1110  | Refreshments, posters & exhibition                                       |                                                                                                                                                                                                               |
| 1110-1210  | **Session 10 – Heart Health Matters**                                   | Chair: Mr Haitham Hamoda  
Consultant Gynaecologist, Subspecialist in Reproductive Medicine and Surgery, King’s College Hospital, London  
Member of the BMS Medical Advisory Council                                                                                                                                 |
| 1110-1135  | Optimising lifestyle for a healthy heart                                | Professor Peter Collins  
Professor of Clinical Cardiology, Royal Brompton Hospital and National Heart & Lung Institute, Imperial College, London                                                                                                                                 |
| 1135-1200  | Vasomotor menopausal symptoms: are they associated with increased risk of coronary heart disease? | Professor Giuseppe Rosano  
Professor of Cardiology, Consultant  
Professor of Cardiology, (Hon), Consultant Cardiologist  
St George’s Hospital, London, Professor of Pharmacology, University of Catanzaro, Italy                                                                                                                                 |
<p>| 1200-1210  | Q&amp;A                                                                     |                                                                                                                                                                                                               |</p>
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| 1310-1355    | **Session 11 – Educational symposium**  
**The Monalisa Touch**  
– A scientific overview of the life changing treatment for Vulvovaginal Atrophy | **Sponsored by Cynosure**  
**Professor Stefano Salvatore**  
Urogynaecologist, San Raffaele Hospital, Milan, Italy |
| 1355-1400    | **Session 12 – Free communications and posters prize giving**            |                                  |
| 1400-1600    | **Session 13 – Menopause Café**                                           |                                  |
|              | **Topic 1: Which HRT for which woman?**  
Practical prescribing, treatments and case studies | **Dr Pratima Gupta¹/Mr Mike Savvas  
& Dr Keith JM Spowart/Miss Lynne Robinson²** |
|              | **Topic 2: Preparing to be a BMS-recognised menopause specialist/BMS vision** | **Dr Heather Currie/Dr Sarah Gray³  
& Kathy Abernethy/Dr JF Wilkinson⁴** |
|              | **Topic 3: Perimenopausal contraception**                                 | **Mrs Elaine Stephens⁵/Dr Kulsum Jaffer⁶  
& Ms Annie Hawkins⁷/Mr Tony Parsons** |
|              | **Topic 4: HRT alternatives and bioidenticals**                          | **Miss Joan Pitkin/Dr Jane Woyka⁸  
& Mr Nick Panay/Dr Julie Ayres⁹** |
| 1600-1645    | **Session 14 – Bone – preparing for a healthy future**                   | **Chair: Mr Tony Parsons**        |
| 1600-1620    | **Identifying the risks of osteoporosis at the menopause in a multi-ethnic society** | **Professor David M Reid**  
Consultant Rheumatologist and Osteoporosis Specialist, London and Aberdeen |
| 1620-1640    | **Skeletal health at and around the menopause**                          | **Dr Terry Aspray**              |
|              |                                                                        | Consultant Physician, The Bone Clinic, Freeman Hospital, Newcastle upon Tyne; Honorary Clinical Senior Lecturer, Newcastle University |
| 1640-1645    | **Q&A**                                                                  |                                  |
| 1645-1655    | **Key messages & close**                                                 | **Mr Tony Parsons**              |

**Menopause Café**

1 **Dr Pratima Gupta**  
Consultant Obstetrician  
& Gynaecology and Clinical Director for Gynaecology, Heart of England NHS Foundation Trust. Member of the BMS Medical Advisory Council

2 **Miss Lynne Robinson**  
Consultant Obstetrician  
& Gynaecologist, Lead of Menopause and Reproductive Endocrinology Services, Birmingham Women’s Hospital

3 **Dr Sarah Gray**  
GP Specialist in Women’s Health, Primary Care Lead for Sexual Health & Contraception, Cornwall

4 **Dr Jane F Wilkinson**  
GP, Neston Medical Centre, GP Champion for Chlamydia & Sexual Health, GP Lead for Maternity, Western Cheshire. Member of the BMS Medical Advisory Council

5 **Mrs Elaine Stephens**  
Menopause Specialist Nurse, Birmingham Women’s Hospital; Administrator, West Midlands Menopause Society

6 **Dr Kulsum Jaffer**  
Consultant Gynaecologist, Lead Consultant in Reproductive & Sexual Health, Birmingham

7 **Ms Annie Hawkins**  
Consultant Obstetrician  
& Gynaecologist, Queen Alexandra Hospital, Portsmouth. Member of the BMS Medical Advisory Council

8 **Dr Jane Woyka**  
General Practitioner, Harrow Health Care Centre, Harrow, Associate GP Specialist, Menopause Clinical & Research Unit, Northwick Park Hospital, Harrow. Member of the BMS Medical Advisory Council

9 **Dr Julie Ayres**  
Specialty Doctor in Gynaecology, Menopause & PMS Clinics, St James’ Hospital, Leeds, Communications Officer, Yorkshire Menopause Society

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