

Scottish Women's Health Meeting

*Joint British Menopause Society, Menopause Matters and
National Association for Premenstrual Syndrome Meeting*

Wednesday 12 September 2018

Stirling Court Hotel, University of Stirling, Airthrey Rd, Stirling FK9 4LA

PROGRAMME

0900 Registration & refreshments

- 0920 Welcome & Introduction, *Dr Heather Currie, Associate Specialist Gynaecologist & Obstetrician, Dumfries & Galloway Royal Infirmary, Dumfries*
- 0930 Post natal contraception, *Professor Sharon Cameron, Consultant Gynaecologist, Sexual Health Services Lead NHS Lothian and Reader University of Edinburgh*
- 1005 Vulval health, *Dr Kay McAllister, Consultant Gynaecologist in Sexual and Reproductive Healthcare, Sandyford Sexual Health Services, Glasgow*
- 1040 Termination of pregnancy updates, *Dr Anja Guttinger, Consultant Gynaecologist in Sexual and Reproductive Healthcare, Sandyford Sexual Health Services, Glasgow*

1115 Refreshments & exhibition

- 1145 More about the hot flush, *Dr Jenifer Sassarini, Consultant Gynaecologist & Obstetrician, Glasgow Royal Infirmary; Honorary Clinical Senior Lecturer, University of Glasgow*
- 1205 Introduction to CBT for menopausal symptoms, *Dr Heike Gleser, Consultant Sexual & Reproductive Health & Dr Jane Reid, Specialty Doctor SRH & qualified Hypnotherapist, Tayside Sexual & Reproductive Health Service*

1300 Lunch & exhibition

- 1400 Update on non hormonal options for treating menopausal symptoms, *Dr Keith Spowart, Consultant Gynaecologist*
- 1435 Breast and heart hormonal updates, *Dr Heather Currie*

1510 Refreshments & exhibition

- 1540 HRT practical prescribing, *Dr Dianna Reed, Associate Specialist in Sexual Health, NHS Tayside*
- 1615 Case study session
- 1700 Final comments & close of meeting

Please note, sessions and speakers may be subject to change. This meeting is financially supported in part by the pharmaceutical industry through sponsorship but it has no influence over the meeting agenda.

Who should attend:

The meeting is open to all health professionals – GPs, clinic doctors, gynaecologists, specialist and practice nurses, O&G and GP trainees. We also welcome anyone allied to the health profession with an interest in women's health.

Fees:

BMS Member	Doctor/Other	£105	Nurse	£85	O&G/GP Trainees	£65
Non-BMS Member	Doctor/Other	£140	Nurse	£105	O&G/GP Trainees	£80

CPD:

A certificate of attendance will be issued electronically to all delegates after the meeting. The meeting carries **6 CPD credits**.

Registration:

Online – register online through our website at www.thebms.org.uk/meetings

By post – complete the registration form below and post it to: **British Menopause Society, Spracklen House, East Wing, Dukes Place, Marlow, Bucks SL7 2QH**
Cheques should be made payable to **British Menopause Society Limited**.

By telephone – please contact the BMS team on **01628 890199** to book over the phone.

Cancellations – all cancellations must be received in writing and incur a £30 administration charge.

We regret that refunds cannot be issued for cancellations received less than four (4) weeks before the meeting. Name substitutions can be made at any time without charge.

Registration confirmation and receipts will be issued by email prior to the event.

Further information:

Please contact the BMS team on **01628 890199** or admin@bms-whc.org.uk.

Affiliations:

The British Menopause Society is a specialist society affiliated to the Royal College of Obstetricians and Gynaecologists and the Faculty of Sexual and Reproductive Healthcare.



Registration form - Scottish Women's Health Meeting, Stirling – Wednesday 12 September 2018

Name (and title)

Telephone number

Email address

Occupation —

Doctor (GP) Doctor (Hospital) Consultant

Nurse (Practice) Nurse (Specialist) Trainee health professional

Industry Pharmacist Other (*please specify below*)

Organisation

Work address

Special Dietary requirements

Trainees only – tutor's email address

Would you like to receive email updates about BMS educational courses and other activities?
(*not applicable to BMS members*)

Yes No

Are you happy for your details to be passed to the exhibitors and others supporting this meeting?
(*full details available on the BMS website*)

By email By post By telephone

Please complete both sides of the form and return to:

British Menopause Society, Spracklen House, East Wing, Dukes Place, Marlow, Bucks SL7 2QH

Method of payment

I wish to pay £ _____

Payment by cheque: I enclose payment by cheque made payable to **British Menopause Society Limited.**

Payment by credit or debit card: I would like to pay by: Visa | Mastercard | Amex | Switch (please circle)

Number

Expiry date Security code* Issue No. (Switch only)

*This is the 3 digit code in the signature area on the back of your card (or 4 digit for Amex on the front of card).

If you are able to add a charitable donation towards the work of the British Menopause Society and Women’s Health Concern, the patient arm of the BMS, it would be most gratefully received.

Gift Aid Declaration

I wish to make a donation of £_____. Applying gift aid means that for every £1 you donate we get an extra 25p from Her Majesty’s Revenue and Customs.

- I would like the BMS to Gift Aid my donation for this donation only
- I would like the BMS to Gift Aid my donation for this and all future donations

Signature _____ Print name _____

Postcode _____ Date _____

I confirm that I have paid or will pay an equal amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all the Charities or Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I acknowledge that the BMS will reclaim 25p of tax on every £1 that I give.

Please notify us if you change your name or address, cease to be a tax payer or want to cancel this declaration.