31st annual scientific conference

Menopause care: maintaining the momentum

Chesford Grange, Kenilworth Thursday 30 June and Friday 1 July 2022

BMS British Menopause Society

Registered Charity No. 1015144

Day 1 – Thursday 30 June

Session	Chair/Speaker
WELCOME & INTRODUCTION	**Mr Tim Hillard – Joint Chairman, Scientific advisory group** Consultant Gynaecologist, University Hospitals Dorset, Poole; Member – British Menopause Society medical advisory council **Mr Mike Savvas – Joint Chairman, Scientific advisory group** Consultant Gynaecologist, King's College Hospital, London; Member – British Menopause Society medical advisory council
SESSION 1 – HOT OFF THE PRESS	**Mr Haitham Hamoda** Consultant Gynaecologist, Subspecialist in Reproductive Medicine and Surgery, King's College Hospital, London; Chairman and Trustee – British Menopause Society
SESSION 2 – TOPICS YOU'VE ASKED FOR	Chair: **Dr Kalpana Upadhyay** Consultant in Obstetrics & Gynaecology, Wrexham Maelor Hospital, BCUHB, North Wales; Member – British Menopause Society medical advisory council
Is there a panacea for post-menopausal health?	**Dr Annice Mukherjee** Consultant Physician & Endocrinologist
Metabolic syndrome in women	**Professor John Stevenson** Emeritus Reader in Metabolic Medicine, National Heart and Lung Institute, Imperial College London; Trustee – British Menopause Society
Premenstrual syndrome (PMS) and Premenstrual dysphoric disorder (PMDD)	**Professor Nick Panay** Consultant Gynaecologist, Subspecialist in Reproductive Medicine, Imperial College Healthcare NHS Trust and Chelsea & Westminster Hospital NHS Foundation Trust, London; Professor of Practice, Imperial College London; President Elect – International Menopause Society; Member – British Menopause Society medical advisory council
SESSION 3 – THE BMS ANNUAL LECTURE: DEMYSTIFYING THE MENOPAUSE	Chair: **Kathy Abernethy** Director of Menopause Services, Peppy Health; Trustee – British Menopause Society **Professor Joyce Harper** Professor of Reproductive Science, Institute for Women's Health, University College, London
SESSION 4 – PROGESTERONE AND THE ENDOMETRIUM	Chair: **Dr Kate Panter** Consultant, Menopause Clinic, Guy's and St. Thomas' NHS Foundation Trust, London; Member – British Menopause Society medical advisory council
Dosage and regimens – are they important?	**Prof. Dr. Med. Petra Stute** Deputy Director, Gynaecological Endocrinology & Reproductive Medicine, Director Menopause Centre, Department of Obstetrics and Gynaecology, Inselspital Bern, Switzerland
Unscheduled bleeding on HRT – how do I manage?	**Miss Debra Holloway** Nurse Consultant in Gynaecology, Guy's and St. Thomas' NHS Foundation Trust, London

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EDUCATIONAL SYMPOSIUM sponsored by Theramex **Safety profile of an estradiol/micronised progesterone combination oral HRT in post-menopausal women**	Chair/Speaker: **Professor Nick Panay** Consultant Gynaecologist, Subspecialist in Reproductive Medicine, Imperial College Healthcare NHS Trust and Chelsea & Westminster Hospital NHS Foundation Trust, London; Professor of Practice, Imperial College London; President Elect – International Menopause Society; Member – British Menopause Society medical advisory council
Management of Sleep Disorders in the Menopausal Transition	**Dr Zoe Schaedel** GP and Menopause Specialist, Brighton and Hove Menopause Clinic, Menopause Care; Menopause Trainer, BMS; Co-Founder of The Good Sleep Clinic Theramex For Women, For Health
SESSION 5 – TRAINING & EDUCATION	Chair: **Sara Moger** Chief Executive, British Menopause Society
Principles & Practice of Menopause Care (PPMC) training programme – the first year	**Mr Haitham Hamoda**
IMPART (International Menopause Society Professional Activity for Refresher Training)	**Mr Tim Hillard**
SESSION 6 – FREE COMMUNICATIONS	**Oral presentations**
PROFESSOR JOHN STUDD – A TRIBUTE	**Mr Mike Savvas**
SESSION 7 – DEBATE **THIS HOUSE BELIEVES THAT HRT SHOULD NOT BE STARTED IN WOMEN OVER 60**	Chair: **Professor Anne MacGregor** Associate Specialist in Sexual & Reproductive Health, Centre for Reproductive Medicine, Barts Health NHS Trust, London; Member – British Menopause Society medical advisory council For: **Miss Lynne Robinson** Consultant Gynaecologist & Clinical Lead, Fertility, Menopause and Reproductive Endocrine Services, Birmingham Women's Hospital; Member – British Menopause Society medical advisory council Against: **Dr Paula Briggs** Consultant in Sexual & Reproductive Health, Liverpool Women's Hospital; Chairman Elect and Trustee – British Menopause Society

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Day 2 – Friday 1 July

Session	Chair/Speaker
SESSION 8 – PUTTING WOMEN'S HEALTH ON THE POLITICAL AGENDA	Chair: **Mr Haitham Hamoda**
Menopause Taskforce	**Carolyn Harris MP** Member of Parliament for Swansea East; Co-chair, UK Menopause Taskforce
Addressing inequality	**Dr Tonye Wokoma** Consultant in Sexual and Reproductive Health and Community Gynaecology, Hull
What is NHS England/Improvement (NHSE/I) doing for menopausal women?	**Professor Janice Rymer** Professor of Obstetrics & Gynaecology, King's College School of Medicine, London; Consultant Gynaecologist, Guy's and St Thomas' NHS Foundation Trust, London; National Specialty Advisor for Gynaecology for NHSE/I; Member – British Menopause Society medical advisory council
SESSION 9 – MENOPAUSE CLINICAL CONUNDRUMS	Chair: **Dr Deborah Bruce** Consultant Gynaecologist, Guy's and St Thomas' NHS Foundation Trust, London; Member – British Menopause Society medical advisory council
The risk of thrombosis in women taking HRT or hormonal contraception during the Covid-19 pandemic	**Professor Roopen Arya** Professor of Thrombosis and Haemostasis, King's College Hospital, London
Oestrogen receptor positive breast cancers	**Dr Rebecca Bowen** Consultant Medical Oncologist, Royal United Hospital, Bath
SESSION 10 – ALTERNATIVES TO HRT	Chair: **Ms Annie Hawkins** Consultant Obstetrician & Gynaecologist, Salisbury Hospital; Member – British Menopause Society medical advisory council
Complementary and non-pharmacological approaches to symptoms – how best to advise?	**Kathy Abernethy** Director of Menopause Services, Peppy Health; Trustee – British Menopause Society
Pharmacological alternatives to HRT – evidence base and practical prescribing	**Dr Jenifer Sassarini** Consultant Obstetrician & Gynaecologist, Glasgow Royal Infirmary; Honorary Clinical Senior Lecturer, University of Glasgow; Core Teaching Week Lead Obstetrics and Gynaecology, Undergraduate Medicine

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EDUCATIONAL SYMPOSIUM sponsored by Besins Healthcare HRT – one size does not fit all	**Mr Vikram Talaulikar** Hon Associate Professor in Women's Health, UCL Associate Specialist in Reproductive Medicine, UCLH
SESSION 11 – THE PAT PATTERSON MEMORIAL LECTURE: TESTOSTERONE FOR WOMEN – WHAT IS THE EVIDENCE?	Chair: **Dr Paula Briggs** **Professor Susan Davis** NHMRC Senior Principal Research Fellow, Director, Monash University Women's Health Research Program; Consultant Endocrinologist and Head, Specialist Women's Health Clinic, Alfred Hospital, Melbourne, Australia
SESSION 12 – UROGENITAL PROBLEMS	Chair: **Dr Pratima Gupta** Consultant Obstetrician & Gynaecologist; Deputy Divisional Director, University Hospitals of Birmingham NHS Foundation Trust; Member – British Menopause Society medical advisory council
Recurrent urinary tract infections and the urinary microbiome	**Mr Steve Foley** Consultant Urological Surgeon, Royal Berkshire NHS Foundation Trust, Reading
Overactive bladder: current and new treatments	**Mr Philip Toozs-Hobson** Consultant Gynaecologist, Birmingham Women's & Children's NHS Foundation Trust
The post-menopausal vulva	**Dr Katharine Edey** Consultant Gynaecological Oncologist, Royal Devon and Exeter NHS Foundation Trust
KEY MESSAGES & CLOSE	**Mr Tim Hillard – Joint Chairman, Scientific advisory group** **Mr Mike Savvas – Joint Chairman, Scientific advisory group**

This meeting is financially supported in part by the pharmaceutical industry through exhibition and other sponsorship but it has no influence over the meeting programme, content or selection of speakers.

BMS reserves the right to change any aspect of the programme, should changes become absolutely necessary.

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