32nd annual scientific conference

Menopause for all

Stratford Manor, Warwickshire Thursday 29 and Friday 30 June 2023

BMS British Menopause Society

Registered Charity No. 1015144

Day 1 – Thursday 29 June

Time	Session	Chair/Speaker
0815-0900	**REGISTRATION & REFRESHMENTS**	
0900-0905	**WELCOME & INTRODUCTION**	**Dr Heather Currie** MBE *Joint Chairman, Programme planning group; Associate Specialist Gynaecologist, Dumfries & Galloway Royal Infirmary; Trustee – British Menopause Society* **Dr Zoe Schaedel** *Joint Chairman, Programme planning group; GP and Menopause Specialist, Brighton and Hove NHS Community Menopause Clinic; Member – British Menopause Society medical advisory council*
0905-0930	**SESSION 1 – HOT OFF THE PRESS**	Speaker: **Dr Paula Briggs** *Consultant in Sexual and Reproductive Health, Liverpool Women's NHS Foundation Trust; Chairman and Trustee – British Menopause Society*
0930-1040	**SESSION 2 – MENOPAUSE AND CANCER**	Co-chair: **Mr Haitham Hamoda** *Consultant Gynaecologist, Subspecialist in Reproductive Medicine and Surgery, King's College Hospital, London; Immediate Past Chairman and Trustee – British Menopause Society* Co-chair: **Dr Annice Mukherjee** *Consultant Physician and Endocrinologist; Member – British Menopause Society medical advisory council*
0930-1000	**HRT after Breast Cancer: How did we get here and where do we go?**	Speaker: **Professor Richard Simcock** *Cancer Clinical Oncologist, University Hospitals Sussex Foundation Trust; Chief Medical Officer for Macmillan Cancer Support; medical advisor for the charity 'Mummy's Star'; Honorary Professor at Brighton and Sussex Medical School*
1000-1030	**Menopause after cancer – who could, who should and who should not have HRT**	Speaker: **Professor Donal Brennan** *Professor of Gynaecological Oncology, UCD School of Medicine, Dublin, Ireland*
1030-1040	**Q&A**	
1040-1110	**REFRESHMENTS, POSTERS & EXHIBITION**	
1110-1150	**SESSION 3 – THE BMS ANNUAL LECTURE: MICROBIOMES**	Chair: **Dr Paula Briggs** Speaker: **Professor Jack Gilbert** *Professor, Department of Pediatrics and Scripps Institution of Oceanography, SIO Biology Section Head, UC San Diego School of Medicine, USA*
1150-1300	**SESSION 4 – NUTRITION**	Co-chair: **Kathy Abernethy** *Director of Menopause Services, Peppy Health; Trustee – British Menopause Society* Co-chair: **Dr Kate Panter** *Consultant, Menopause Clinic, Guy's and St Thomas' NHS Foundation Trust, London; Member – British Menopause Society medical advisory council*
1150-1220	**Where does nutrition sit within symptom management?**	Speaker: **Ms Elaine Hindal** *Chief Executive, British Nutrition Foundation*
1220-1250	**Nutrition for the menopause – A practical guide in motivating women to eat well**	Speaker: **Mr Nigel Denby** *Registered Dietician and Founder, Harley Street at Home Menopause*
1250-1300	**Q&A**	
1300-1400	**STANDING FORK BUFFET LUNCH, POSTERS & EXHIBITION**	

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1400-1440	**EDUCATIONAL SYMPOSIUM** **Are we doing enough to protect the endometrial health of patients receiving HRT?** **sponsored by Theramex**	Chair: **Dr Vikram Talaulikar** *Specialist in Reproductive Medicine, UCLH and Hon. Associate Professor in Women's Health, UCL, London* Speaker: **Dr Karen Morton** *Consultant Obstetrician & Gynaecologist, Royal Surrey NHS Foundation Trust*
1440-1530	**SESSION 5 – TRAINING & EDUCATION**	Co-chair: **Professor Anne MacGregor** *Associate Specialist in Sexual & Reproductive Health, Centre for Reproductive Medicine, Barts Health NHS Trust, London; Member – British Menopause Society medical advisory council* Co-chair: **Mr Paul Simpson** *Consultant Obstetrician & Gynaecologist, Norfolk & Norwich University Hospitals NHS Foundation Hospital ; Member – British Menopause Society medical advisory council*
1440-1505	**New Models of Menopause Care**	Speaker: **Dr Sue Mann** *Clinical Fellow NHSE National Menopause Programme/Clinical Lead and Consultant in Women's Health, Hackney, East London* Speaker: **Dr Paula Briggs** Speaker: **Dr Katie Barber** *Clinical Lead Community Gynaecology, Oxfordshire; Founder and Clinical Director, Oxford Menopause Ltd; Member – British Menopause Society medical advisory council* Speaker: **Dr Heather Currie MBE**
1505-1530	**Development of BMS online education**	Speaker: **Mr Haitham Hamoda** Speaker: **Sara Moger** *Chief Executive, British Menopause Society*
1530-1600	**REFRESHMENTS, POSTERS & EXHIBITION**	
1600-1700	**SESSION 6 – FREE COMMUNICATIONS** **Oral presentations**	Chair: **Mr Tim Hillard** *Consultant Gynaecologist, University Hospitals Dorset, Poole; Member – British Menopause Society medical advisory council*
1700-1755	**SESSION 7 – DEBATE** **This house believes that every woman should take transdermal HRT**	Co-chair: **Dr Katie Barber** Co-chair: **Professor Nick Panay** *Consultant Gynaecologist, Subspecialist in Reproductive Medicine, Imperial College Healthcare NHS Trust and Chelsea & Westminster Hospital NHS Foundation Trust, London; Professor of Practice, Imperial College London; President – International Menopause Society; Member – British Menopause Society medical advisory council* For: **Mr Tim Hillard** Against: **Dr Elizabeth Owen** *Consultant Obstetrician and Gynaecologist, West Middlesex University Hospital (Chelsea and Westminster Foundation Trust)*
1800-1830	**AGM**	
1945	**DRINKS RECEPTION**	
2015	**CONFERENCE DINNER**	

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Day 2 – Friday 30 June

Time	Session	Chair/Speaker
0815-0900	**REGISTRATION & REFRESHMENTS**	
0900-1010	**SESSION 8 – INCLUSIVITY**	Co-chair: **Professor Janice Rymer** *Professor of Obstetrics & Gynaecology, King's College School of Medicine, London; Consultant Gynaecologist, Guy's and St Thomas's NHS Foundation, London; National Speciality Advisor for Gynaecology for NHSE/1; Member – British Menopause Society medical advisory council* Co-chair: **Dr Kalpana Upadhyay** *Consultant in Obstetrics & Gynaecology, Wrexham Maelor Hospital, BCUHB, North Wales; Member – British Menopause Society medical advisory council*
0900-0930	**Ethnic Disparities in Menopause**	Speaker: **Dr Shashi Prasad** *GP and certified Lifestyle Medicine Physician*
0930-1000	**Are non-prescribed treatments a viable option for menopausal women?**	Speaker: **Ms Claudine Domoney** *Gynaecology Clinical Effectiveness Lead and lead consultant for the Community Gynaecology and Perineal Services, Chelsea & Westminster Hospital NHS Trust Foundation; National Association of Premenstrual Syndrome Trustee*
1000-1010	**Q&A**	
1010-1040	**REFRESHMENTS, POSTERS & EXHIBITION**	
1040-1150	**SESSION 9 – COMPLEX MEDICAL CONDITIONS & HRT**	Co-chair: **Miss Lynne Robinson** *Consultant Gynaecologist & Clinical Lead Fertility, Menopause and Reproductive Endocrine Services, Birmingham Women's Hospital; Member – British Menopause Society medical advisory council* Co-chair: **Professor John Stevenson** *Emeritus Reader in Metabolic Medicine in the National Heart and Lung Institute, Imperial College London; Trustee – British Menopause Society*
1040-1110	**Menopause and the liver**	Speaker: **Dr Mathis Heydtmann** *Consultant Hepatologist in Dumfries, Honorary Associate Clinical Professor, Specialist advisor to the Scottish Public Services Ombudsman and a specialty advisor to the Scottish Chief Medical Officer for liver*
1110-1140	**Cardiovascular health after menopause**	Speaker: **Dr Angela Maas** *Emeritus Professor in Women's Cardiac Health, Radboud University Medical Center, Netherlands*
1140-1150	**Q&A**	
1150-1300	**SESSION 10 – MENTAL HEALTH**	Co-chair: **Dr Deborah Bruce** *Consultant Gynaecologist, Guy's and St Thomas' NHS Foundation Trust; Senior Lecturer in Medical Education, University of Surrey; Member – British Menopause Society medical advisory council* Co-chair: **Dr Zoe Schaedel**
1150-1220	**Premenstrual Dysphoric Disorder – differential diagnosis and complex cases**	Speaker: **Dr Mark Barsoum** *Consultant Perinatal Psychiatrist* Speaker: **Dr Paula Briggs**
1220-1250	**Menopause and Sleep**	Speaker: **Dr Hadine Joffe** *Executive Director, Mary Horrigan Connors Center for Women's Health and Gender Biology; Paula A. Johnson Professor of Psychiatry in the Field of Women's Health, Harvard Medical School; Executive Vice Chair for Academic and Faculty Affairs, Department of Psychiatry, Brigham and Women's Hospital, Harvard Medical School, Boston, Massachusetts, USA.*
1250-1300	**Q&A**	

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1300-1400	**STANDING FORK BUFFET LUNCH, POSTERS & EXHIBITION**	
1400-1440	**EDUCATIONAL SYMPOSIUM** **Body-Similar vs Body-Identical vs Synthetic HRT – What's the difference?** **sponsored by Viatris**	Speaker: **Dr Diana Mansour** *Consultant in Community Gynaecology, Newcastle-upon-Tyne* VIATRIS
1440-1510	**SESSION 11 – THE PAT PATTERSON MEMORIAL LECTURE** **Brain Fog: The Role of Hormones and Menopause symptoms**	Chair: **Mr Haitham Hamoda** Speaker: **Dr Pauline Maki** *Professor of Psychiatry, Psychology and Obstetrics & Gynaecology and Associate Dean for Faculty Affairs at the University of Illinois at Chicago (UIC), USA*
1510-1520	**FREE COMMUNICATIONS AND POSTERS PRIZE GIVING**	
1520-1535	**REFRESHMENTS, POSTERS & EXHIBITION**	
1535-1635	**SESSION 12 – MENOPAUSE AND TROUBLE SHOOTING**	Co-chair: **Dr Heather Currie** Co-chair: **Dr Olivia Hum** *GP and Menopause Specialist, Foundry Healthcare Lewes, Myla Health; Member – British Menopause Society medical advisory council.*
1535-1555	**POI – latest guidelines**	Speaker: **Professor Nick Panay**
1555-1620	**Case scenarios – practical prescribing**	Speaker: **Miss Lynne Robinson**
1620-1630	**Q&A**	
1630-1635	**KEY MESSAGES & CLOSE**	**Dr Heather Currie MBE** *Joint Chairman, Scientific advisory group* **Dr Zoe Schaedel** *Joint Chairman, Scientific advisory group*

This meeting is financially supported in part by the pharmaceutical industry through exhibition and other sponsorship but it has no influence over the meeting programme, content or selection of speakers.

BMS reserves the right to change any aspect of the programme, should changes become absolutely necessary.

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