32nd annual scientific conference
Menopause for all
ONLINE

LIVE Q&A SESSION
Tuesday 26 September 17:30–19:30
★ SAVE THE DATE

LIVE Q&A

Co-chair: Dr Paula Briggs
Consultant in Sexual and Reproductive Health, Liverpool Women's NHS Foundation Trust;
Chairman and Trustee – British Menopause Society

Co-chair: Mr Haitham Hamoda
Consultant Gynaecologist, Subspecialist in Reproductive Medicine and Surgery, King’s College Hospital, London; Trustee – British Menopause Society

PANEL INCLUDING:

Dr Zoe Schaedel
Joint Chairman, Programme planning group; GP and Menopause Specialist,
Brighton and Hove NHS Community Menopause Clinic; Member – British Menopause Society medical advisory council

Dr Veena Kaul
Consultant Gynaecologist, Mid York NHS Trust; Programme Planning Group

Dr Geeta Kumar
Consultant Obstetrician & Gynaecologist, Wrexham Maelor Hospital and Clinical Lead for Women’s Services, BCUHB, Wales; Programme Planning Group

Dr Katie Barber
Clinical Lead Community Gynaecology, Oxfordshire; Founder and Clinical Director, Oxford Menopause Ltd; Member – British Menopause Society medical advisory council

FOR FULL PROGRAMME >>

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# 32nd annual scientific conference
Menopause for all
ONLINE – DAY 1

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<th>Chair/Speaker</th>
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| **WELCOME & INTRODUCTION** | **Dr Heather Currie** MBE  
Joint Chairman, Programme planning group; Associate Specialist Gynaecologist;  
Dumfries & Galloway Royal Infirmary; Trustee – British Menopause Society  
**Dr Zoe Schaedeel**  
Joint Chairman, Programme planning group; GP and Menopause Specialist;  
Brighton and Hove NHS Community Menopause Clinic; Member – British Menopause Society  
medical advisory council |
| **SESSION 1 – HOT OFF THE PRESS** | Speaker: **Dr Paula Briggs**  
Consultant in Sexual and Reproductive Health, Liverpool Women’s NHS Foundation Trust; Chairman and Trustee – British Menopause Society |
| **SESSION 2 – MENOPAUSE AND CANCER** | Co-chair: **Mr Haitham Hamoda**  
Consultant Gynaecologist, Subspecialist in Reproductive Medicine and Surgery, King’s College Hospital, London; Trustee – British Menopause Society  
Co-chair: **Dr Annice Mukherjee**  
Consultant Physician and Endocrinologist; Member – British Menopause Society medical advisory council |
| HRT after Breast Cancer: How did we get here and where do we go? | Speaker: **Professor Richard Simcock**  
Cancer Clinical Oncologist, University Hospitals Sussex Foundation Trust; Chief Medical Officer for Macmillan Cancer Support; medical advisor for the charity ‘Mummy’s Star’; Honorary Professor at Brighton and Sussex Medical School |
| Menopause after cancer – who could, who should and who should not have HRT | Speaker: **Professor Donal Brennan**  
Professor of Gynaecological Oncology, UCD School of Medicine, Dublin, Ireland |
| **SESSION 3 – THE BMS ANNUAL LECTURE: MICROBIOMES** | Chair: **Dr Paula Briggs**  
Speaker: **Professor Jack Gilbert**  
Professor, Department of Pediatrics and Scripps Institution of Oceanography, SIO Biology Section Head, UC San Diego School of Medicine, USA |
| **SESSION 4 – NUTRITION** | Co-chair: **Kathy Abernethy**  
Director of Menopause Services, Peppy Health; Trustee – British Menopause Society  
Co-chair: **Dr Kate Panter**  
Consultant, Menopause Clinic, Guy’s and St Thomas’ NHS Foundation Trust, London; Member – British Menopause Society medical advisory council |
| Where does nutrition sit within symptom management? | Speaker: **Ms Elaine Hindal**  
Chief Executive, British Nutrition Foundation |
| Nutrition for the menopause – A practical guide in motivating women to eat well | Speaker: **Mr Nigel Denby**  
Registered Dietician and Founder, Harley Street at Home Menopause |

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SESSION 5 – TRAINING & EDUCATION

New Models of Menopause Care
Speaker: **Dr Sue Mann**
Clinical Fellow NHSE National Menopause Programme/Clinical Lead and Consultant in Women’s Health, Hackney, East London

Speaker: **Dr Paula Briggs**

Speaker: **Dr Katie Barber**
Clinical Lead Community Gynaecology, Oxfordshire; Founder and Clinical Director, Oxford Menopause Ltd; Member – British Menopause Society medical advisory council

Speaker: **Dr Heather Currie**

Development of BMS online education
Speaker: **Mr Haitham Hamoda**

Speaker: **Sara Moger**
Chief Executive, British Menopause Society

SESSION 6 – FREE COMMUNICATIONS

Oral presentations
Chair: **Mr Tim Hillard**
Consultant Gynaecologist, University Hospitals Dorset, Poole; Member – British Menopause Society medical advisory council

SESSION 7 – DEBATE

This house believes that every woman should take transdermal HRT
Co-chair: **Dr Katie Barber**

Co-chair: **Professor Nick Panay**
Consultant Gynaecologist, Subspecialist in Reproductive Medicine, Imperial College Healthcare NHS Trust and Chelsea & Westminster Hospital NHS Foundation Trust, London; Professor of Practice, Imperial College London; President – International Menopause Society; Member – British Menopause Society medical advisory council

For: **Mr Tim Hillard**

Against: **Dr Elizabeth Owen**
Consultant Obstetrician and Gynaecologist, West Middlesex University Hospital (Chelsea and Westminster Foundation Trust)
SESSION 8 – INCLUSIVITY

Co-chair: **Professor Janice Rymer**
Professor of Obstetrics & Gynaecology, King’s College School of Medicine, London; Consultant Gynaecologist, Guy’s and St Thomas’s NHS Foundation, London; National Speciality Advisor for Gynaecology for NHSE/1; Member – British Menopause Society medical advisory council

Co-chair: **Dr Kalpana Upadhyay**
Consultant in Obstetrics & Gynaecology, Wrexham Maelor Hospital, BCUHB, North Wales; Member – British Menopause Society medical advisory council

**Ethnic Disparities in Menopause**
Speaker: **Dr Shashi Prasad**
GP and certified Lifestyle Medicine Physician

**Are non-prescribed treatments a viable option for menopausal women?**
Speaker: **Ms Claudine Domoney**
Gynaecology Clinical Effectiveness Lead and lead consultant for the Community Gynaecology and Perineal Services, Chelsea & Westminster Hospital NHS Trust Foundation; National Association of Premenstrual Syndrome Trustee

SESSION 9 – COMPLEX MEDICAL CONDITIONS & HRT

Co-chair: **Miss Lynne Robinson**
Consultant Gynaecologist & Clinical Lead Fertility, Menopause and Reproductive Endocrine Services, Birmingham Women’s Hospital; Member – British Menopause Society medical advisory council

Co-chair: **Professor John Stevenson**
Emeritus Reader in Metabolic Medicine in the National Heart and Lung Institute, Imperial College London; Trustee – British Menopause Society

**Menopause and the liver**
Speaker: **Dr Mathis Heydtmann**
Consultant Hepatologist in Dumfries, Honorary Associate Clinical Professor, Specialist advisor to the Scottish Public Services Ombudsman and a specialty advisor to the Scottish Chief Medical Officer for liver

**Cardiovascular health after menopause**
Speaker: **Dr Angela Maas**
Emeritus Professor in Women’s Cardiac Health, Radboud University Medical Center, Netherlands

SESSION 10 – MENTAL HEALTH

Co-chair: **Dr Deborah Bruce**
Consultant Gynaecologist, Guy’s and St Thomas’ NHS Foundation Trust; Senior Lecturer in Medical Education, University of Surrey; Member – British Menopause Society medical advisory council

Co-chair: **Dr Zoe Schaedel**

**Premenstrual Dysorphic Disorder – differential diagnosis and complex cases**
Speaker: **Dr Mark Barsoum**
Consultant Perinatal Psychiatrist
Speaker: **Dr Paula Briggs**
### Menopause and Sleep

**Speaker:** Dr Hadine Joffe

Executive Director, Mary Horrigan Connors Center for Women’s Health and Gender Biology; Paula A. Johnson Professor of Psychiatry in the Field of Women’s Health, Harvard Medical School; Executive Vice Chair for Academic and Faculty Affairs, Department of Psychiatry, Brigham and Women’s Hospital, Harvard Medical School, Boston, Massachusetts, USA.

### SESSION 11 – THE PAT PATTERSON MEMORIAL LECTURE

**Brain Fog: The Role of Hormones and Menopause symptoms**

**Chair:** Mr Haitham Hamoda

**Speaker:** Dr Pauline Maki

Professor of Psychiatry, Psychology and Obstetrics & Gynaecology and Associate Dean for Faculty Affairs at the University of Illinois at Chicago (UIC), USA

### SESSION 12 – MENOPAUSE AND TROUBLE SHOOTING

**Co-chair:** Dr Heather Currie

**Co-chair:** Dr Olivia Hum

GP and Menopause Specialist, Foundry Healthcare Lewes, Myla Health; Member – British Menopause Society medical advisory council.

### POI – latest guidelines

**Speaker:** Professor Nick Panay

### Case scenarios – practical prescribing

**Speaker:** Miss Lynne Robinson

### KEY MESSAGES & CLOSE

Dr Heather Currie MBE

Joint Chairman, Scientific advisory group

Dr Zoe Schaedel

Joint Chairman, Scientific advisory group

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This meeting is financially supported in part by the pharmaceutical industry through exhibition and other sponsorship but it has no influence over the meeting programme, content or selection of speakers.

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BMS reserves the right to change any aspect of the programme, should changes become absolutely necessary.