Programme

34th Annual Symposium on women's health

Cavendish Conference Centre, London

Tuesday 3 December 2024

Women's Health Concern

A confidential independent service for women and their partners

Reg Charity No: 279651

0900 **Registration, exhibition & refreshments**

0930 **Welcome and Introduction**

Professor John Stevenson

Emeritus Reader in Metabolic Medicine, National Heart and Lung Institute, Imperial College London; Trustee – British Menopause Society, Chairman – Women's Health Concern

0940 **Vulval conditions – a practical approach**

Dr Fiona Lewis

Consultant Dermatologist, St John's Institute of Dermatology, Guy's & St Thomas's Hospital, London

1015 **Unscheduled bleeding**

Mr Tim Hillard

Consultant Gynaecologist, University Hospitals Dorset, Poole; Trustee – British Menopause Society

1050 **Premature Ovarian Insufficiency**

Mr Haitham Hamoda

Consultant Gynaecologist, Subspecialist in Reproductive Medicine and Surgery, King's College Hospital, London; Trustee – British Menopause Society

1125 **Refreshments & exhibition**

1155 **Life-style medicine; a prescription for life**

Dr Annie Neill

Gynaecologist, Locum Consultant, West Suffolk Hospital NHS Foundation Trust; Speciality Doctor in Sexual Health, Cambridge Community Services

1230 **Gerald Swyer* Memorial Lecture**

Chair: Professor Janice Rymer

Professor of Obstetrics & Gynaecology, King's College School of Medicine, London; Consultant Gynaecologist, Guy's and St Thomas's NHS Foundation, London; Chair and Trustee – British Menopause Society

HRT: looking at risks in perspective

Professor Mary Ann Lumsden

Honorary Professor of Medical Education and Gynaecology, University of Glasgow; Member – British Menopause Society medical advisory council

*The late Dr Gerald Swyer was internationally recognised for his early work on the development of the contraceptive pill; the first endocrine and fertility clinics in London; and his pioneering research on hormone replacement therapy. He was chairman of Women's Health Concern from 1980 until 1993, when Dr John Stevenson succeeded him. The Dr Gerald Swyer Memorial Fund was set up in 1995 as a lasting tribute to him.

www.womens-health-concern.org/symposium/

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1305	**Lunch & exhibition**
1405	**A case study session: Is it ever too late to start HRT?; Night sweats to sweet dreams: addressing sleep issues in menopause; Managing menopause without HRT; Bone of contention – should we be using HRT first line for osteoporosis?** **Kathy Abernethy**, *Menopause Specialist; Trustee – British Menopause Society;* **Dr Katie Barber**, *Clinical Lead Community Gynaecology, Oxfordshire; Founder and Clinical Director, Oxford Menopause Ltd; Member – British Menopause Society medical advisory council;* **Dr Olivia Hum**, *GP and Menopause Specialist, Foundry Healthcare Lewes, Myla Health; Member – British Menopause Society medical advisory council; and* **Dr Zoe Schaedel**, *GP and Menopause Specialist, Brighton and Hove NHS Community Menopause Clinic; Member – British Menopause Society medical advisory council*
1505	**Migraine and hormones** **Professor Anne MacGregor** *Associate Specialist in Sexual & Reproductive Health, Centre for Reproductive Medicine, Barts Health NHS Trust, London*
1540	**Refreshments & exhibition**
1610	**Precision Microbiome Medicine** **Professor Jack Gilbert** *Professor, Pediatrics and Scripps Institution of Oceanography, Associate Vice Chancellor for Marine Science, Deputy Director for SIO, Director of the Microbiome and Metagenomics Center, UC San Diego, USA*
1645	**Q&A**
1700	**Take home messages and close**

Please note, sessions and speakers may be subject to change. Our exhibitors have paid to exhibit at this Symposium, but they have no influence or control over any aspect of the meeting. All speakers are required to make a formal declaration of interest at the beginning of their presentation.

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