Online programme

34th Annual Symposium on women's health

Access from 16 December 2024 to 16 February 2025

Women's Health Concern

A confidential independent service for women and their partners

Reg Charity No: 279651

Welcome and Introduction
Professor John Stevenson
Emeritus Reader in Metabolic Medicine, National Heart and Lung Institute, Imperial College London; Trustee – British Menopause Society, Chairman – Women's Health Concern

Vulval conditions – a practical approach
Dr Fiona Lewis
Consultant Dermatologist, St John's Institute of Dermatology, Guy's & St Thomas's Hospital, London

Unscheduled bleeding
Mr Tim Hillard
Consultant Gynaecologist, University Hospitals Dorset, Poole; Trustee – British Menopause Society

Premature Ovarian Insufficiency
Mr Haitham Hamoda
Consultant Gynaecologist, Subspecialist in Reproductive Medicine and Surgery, King's College Hospital, London; Trustee – British Menopause Society

Life-style medicine; a prescription for life
Dr Annie Neill
Gynaecologist, Locum Consultant, West Suffolk Hospital NHS Foundation Trust; Speciality Doctor in Sexual Health, Cambridge Community Services

Gerald Swyer* Memorial Lecture
Chair: Professor Janice Rymer
Professor of Obstetrics & Gynaecology, King's College School of Medicine, London; Consultant Gynaecologist, Guy's and St Thomas's NHS Foundation, London; Chair and Trustee – British Menopause Society

HRT: looking at risks in perspective
Professor Mary Ann Lumsden
Honorary Professor of Medical Education and Gynaecology, University of Glasgow; Member – British Menopause Society medical advisory council

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*The late Dr Gerald Swyer was internationally recognised for his early work on the development of the contraceptive pill; the first endocrine and fertility clinics in London; and his pioneering research on hormone replacement therapy. He was chairman of Women's Health Concern from 1980 until 1993, when Dr John Stevenson succeeded him. The Dr Gerald Swyer Memorial Fund was set up in 1995 as a lasting tribute to him.

www.womens-health-concern.org/symposium/

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A case study session: Is it ever too late to start HRT?; Night sweats to sweet dreams: addressing sleep issues in menopause; Managing menopause without HRT; Bone of contention – should we be using HRT first line for osteoporosis?

Kathy Abernethy, *Menopause Specialist; Trustee – British Menopause Society;*
Dr Katie Barber, *Clinical Lead Community Gynaecology, Oxfordshire; Founder and Clinical Director, Oxford Menopause Ltd; Member – British Menopause Society medical advisory council;*
Dr Olivia Hum, *GP and Menopause Specialist, Foundry Healthcare Lewes, Myla Health; Member – British Menopause Society medical advisory council; and*
Dr Zoe Schaedel, *GP and Menopause Specialist, Brighton and Hove NHS Community Menopause Clinic; Member – British Menopause Society medical advisory council*

Migraine and hormones

Professor Anne MacGregor
Associate Specialist in Sexual & Reproductive Health, Centre for Reproductive Medicine, Barts Health NHS Trust, London

Precision Microbiome Medicine

Professor Jack Gilbert
Professor, Pediatrics and Scripps Institution of Oceanography, Associate Vice Chancellor for Marine Science, Deputy Director for SIO, Director of the Microbiome and Metagenomics Center, UC San Diego, USA

Q&A

Take home messages and close

Please note, sessions and speakers may be subject to change. Our exhibitors have paid to exhibit at this Symposium, but they have no influence or control over any aspect of the meeting. All speakers are required to make a formal declaration of interest at the beginning of their presentation.

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