33rd annual scientific conference

Menopause: solving the puzzle

Chesford Grange, Kenilworth – Thursday 27 and Friday 28 June 2024

Day 1 – Thursday 27 June

BMS British Menopause Society

The specialist authority for menopause & post reproductive health

Time	Session	Chair/Speaker
0800-0850	**REGISTRATION & REFRESHMENTS**	
0850-0905	**WELCOME & INTRODUCTION**	**Dr Olivia Hum** *Joint Chair, Programme planning group; GP and Menopause Specialist, Foundry Healthcare Lewes, Myla Health; Member – British Menopause Society medical advisory council* **Professor Anne MacGregor** *Joint Chair, Programme planning group; Associate Specialist in Sexual & Reproductive Health, Centre for Reproductive Medicine, Barts Health NHS Trust, London*
0905-0925	**SESSION 1 – HOT OFF THE PRESS**	Speaker: **Dr Paula Briggs** *Consultant in Sexual and Reproductive Health, Liverpool Women's NHS Foundation Trust; Chair and Trustee – British Menopause Society*
0925-1035	**SESSION 2 – PERIMENOPAUSE**	Co-chair: **Dr Katie Barber** *Clinical Lead Community Gynaecology, Oxfordshire; Founder and Clinical Director, Oxford Menopause Ltd; Member – British Menopause Society medical advisory council* Co-chair: **Dr Kate Panter** *Consultant Gynaecologist, Menopause trainer, Member – British Menopause Society medical advisory council*
0925-0955	**Perimenopause – what, when and how do we treat?**	Speaker: **Professor Nick Panay** *Consultant Gynaecologist, Subspecialist in Reproductive Medicine, Imperial College Healthcare NHS Trust, London; Professor of Practice, Imperial College London; President – International Menopause Society; Member – British Menopause Society medical advisory council*
0955-1025	**Contraceptive HRT: natural estrogen contraceptives during the menopause transition**	Speaker: **Professor Kristina Gemzell Danielsson** *Professor, Head, Department of Women´s and Children´s Health, Karolinska Institutet and senior consultant, gynecology and reproductive medicine, Karolinska University Hospital, Sweden*
1025-1035	**Q&A**	
1035-1105	**REFRESHMENTS, POSTERS & EXHIBITION**	
1105-1150	**SESSION 3 – THE BMS ANNUAL LECTURE: Premature or early menopause, hormone replacement therapy, and cognitive aging**	Co-chair: **Dr Paula Briggs** Co-chair: **Professor Janice Rymer** *Professor of Obstetrics & Gynaecology, King's College School of Medicine, London; Consultant Gynaecologist, Guy's and St Thomas's NHS Foundation, London; Chair Elect and Trustee – British Menopause Society* Speaker: **Professor Walter A. Rocca** *Professor of Epidemiology and Neurology and the Ralph S. and Beverley E. Caulkins, Professor of Neurodegenerative Diseases Research, Mayo Clinic College of Medicine and Science, Rochester, USA*
1150-1300	**SESSION 4 – ONCOLOGY**	Co-chair: **Dr Shashi Prasad** *GP & Menopause Specialist, Women's Integrative and Functional Medicine Doctor, The Private GP Group, New Malden* Co-chair: **Dr Zoe Schaedel** *GP and Menopause Specialist, Brighton and Hove NHS Community Menopause Clinic; Member – British Menopause Society medical advisory council*

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1150-1220	**Family history – identifying and counselling women at high risk**	Speaker: **Dr Alison Macbeth** *Speciality Doctor Breast Surgery, NHS Greater Glasgow and Clyde*
1220-1250	**Herbal medicine and menopause: current research and practical applications**	Speaker: **Ms Melinda McDougall** *Medical Herbalist, MSc, MNIMH, London*
1250-1300	**Q&A**	
1300-1400	**STANDING FORK BUFFET LUNCH, POSTERS & EXHIBITION**	
1400-1540	**SESSION 5 – TOPICS YOU ASKED FOR**	Co-chair: **Kathy Abernethy** *Menopause Specialist; Trustee – British Menopause Society* Co-chair: **Dr Kalpana Upadhyay** *Consultant in Obstetrics & Gynaecology, Wrexham Maelor Hospital, BCUHB, North Wales; Member – British Menopause Society medical advisory council*
1400-1430	**Fibroids and endometriosis during the menopause transition and beyond**	Speaker: **Mr Ertan Saridogan** *Professor of Gynaecological Surgery, University College, London*
1430-1500	**Menopause in the workplace: the legal cases fought and won and the future**	Speaker: **Rhian Radia** *Partner, Excello Law, London*
1500-1530	**Is there more to desire than testosterone?**	Speaker: **Dr Karen Gurney** *Consultant clinical psychologist and certified psychosexologist, Head of Wellbeing Services, 56 Dean Street (Chelsea and Westminster Hospital NHS Foundation Trust), London*
1530-1540	**Q&A**	
1540-1610	**REFRESHMENTS, POSTERS & EXHIBITION**	
1610-1710	**SESSION 6 – FREE COMMUNICATIONS** **Oral presentations**	Co-chair: **Dr Olivia Hum** Co-chair: **Professor Anne MacGregor**
1710-1805	**SESSION 7 – DEBATE** **Progesterone matters: This house believes that all hysterectomised women need progesterone**	Co-chair: **Dr Kristyn Manley** *Consultant Gynaecologist, University Hospitals Bristol NHS Foundation Trust* Co-chair: **Professor Nick Panay** For: **Dr Heather Currie MBE** *Associate Specialist Gynaecologist, Dumfries & Galloway Royal Infirmary; Trustee – British Menopause Society* Against: **Dr Olivia Hum**
1810-1840	**AGM**	
1945	**DRINKS RECEPTION**	
2015	**CONFERENCE DINNER**	

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Time	Session	Chair/Speaker
0815-0900	**REGISTRATION & REFRESHMENTS**	
0900-1010	**SESSION 8 – NICE GUIDELINE UPDATE – MENOPAUSE: DIAGNOSIS AND MANAGEMENT (NG23)**	Co-chair: **Dr Juliet Balfour** *GP, Somerset NHS Menopause Service; Member – British Menopause Society medical advisory council* Co-chair: **Dr Heather Currie** MBE
0900-1000	**What does this mean in practice?**	Speaker: **Mr Haitham Hamoda** *Consultant Gynaecologist, Subspecialist in Reproductive Medicine and Surgery, King's College Hospital, London; Trustee – British Menopause Society* Speaker: **Mr Tim Hillard** *Consultant Gynaecologist, University Hospitals Dorset, Poole; Member – British Menopause Society medical advisory council*
1000-1010	**Q&A**	
1010-1150	**SESSION 9 – NEUROLOGY**	Co-chair: **Professor Annice Mukherjee** *Consultant Physician and Endocrinologist , Salford Royal NHS Trust; Member – British Menopause Society medical advisory council* Co-chair: **Dr Clare Spencer** *GP Partner and Menopause specialist, The Meanwood Group Practice, Leeds; Co-founder and clinical director My Menopause Centre, Member – British Menopause Society medical advisory council*
1010-1040	**Epilepsy, the menopause and HRT**	Speaker: **Professor Anne MacGregor**
1040-1110	**MS, the menopause and HRT**	Speaker: **Professor Ruth Dobson** *Professor of Neurology, Wolfson Institute of Population Health, Queen Mary University, London*
1110-1120	**Q&A**	
1120-1150	**REFRESHMENTS, POSTERS & EXHIBITION**	
1150-1300	**SESSION 10 – MONITORING HRT**	Co-chair: **Mr Tim Hillard** Co-chair: **Mr Paul Simpson** *Consultant Obstetrician & Gynaecologist, Norfolk & Norwich University Hospitals NHS Foundation Hospital; Member – British Menopause Society medical advisory council*
1150-1220	**Unscheduled bleeding on HRT – reasons, when to refer and latest guidelines**	Speaker: **Dr Kristyn Manley**
1220-1250	**Should estradiol levels ever be checked during menopause transition or HRT use?**	Speaker: **Dr Clare Spencer**
1250-1300	**Q&A**	
1300-1400	**STANDING FORK BUFFET LUNCH, POSTERS & EXHIBITION**	

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1400-1445	**SESSION 11 – THE PAT PATTERSON MEMORIAL LECTURE: Arterial disease matters: HRT before, during and beyond an arterial event**	Co-chair: **Professor Melanie Davies** *Consultant Gynaecologist, University College London Hospitals, Professor of Reproductive Medicine, University College London; Member – British Menopause Society medical advisory council* Co-chair: **Mr Haitham Hamoda** Speaker: **Professor Peter Collins** *Consultant Cardiologist, Royal Brompton Hospital, London* Speaker: **Professor John Stevenson** *Emeritus Reader in Metabolic Medicine, National Heart and Lung Institute, Imperial College London; Trustee – British Menopause Society*
1445-1455	**FREE COMMUNICATIONS AND POSTERS PRIZE GIVING**	
1455-1520	**REFRESHMENTS, POSTERS & EXHIBITION**	
1520-1620	**SESSION 12 – CLINIC MATTERS**	Co-chair: **Dr Olivia Hum** Co-chair: **Professor Anne MacGregor**
1520-1620	**Tales from the clinic**	Speaker: **Dr Katie Barber** Speaker: **Professor Nick Panay** Speaker: **Mr Paul Simpson** Speaker: **Dr Zoe Schaedel**
1620-1630	**KEY MESSAGES & CLOSE**	**Dr Olivia Hum** **Professor Anne MacGregor**

This conference is financially supported in part by the pharmaceutical industry but it has no influence over the programme, content or selection of speakers.

Programme planning group

Dr Olivia Hum – *Joint Chair*
Professor Janice Rymer
Dr Shashi Prasad
Dr Clare Spencer
Sara Moger
Sarah Haveron Jones
Professor Anne MacGregor – *Joint Chair*
Dr Kristyn Manley
Mr Paul Simpson
Dr Kalpana Upadhyay
Barbara Halstead

The BMS reserves the right to change sessions and speakers.