Women's Health Concern

The patient arm of the British Menopause Society

35th Annual Symposium on women's health

On demand programme

Access from 8 December 2025 to 8 February 2026

Welcome and introduction
Professor Janice Rymer
Professor of Obstetrics & Gynaecology, King's College School of Medicine, London; Consultant Gynaecologist, Guy's and St Thomas's NHS Foundation, London; Chair and Trustee – British Menopause Society

Addressing inequalities
Dr Tonye Wokoma
Consultant in Sexual and Reproductive Health, Conifer House, City Healthcare Partnership, Hull

Sexually transmitted infections and the menopause
Dr Anna Graham
Sexual and Reproductive Health Consultant

Treatment of mental health during the perimenopause
Professor Michael Craig
Professor of Translational Reproductive and Neurodevelopment Sciences, King's College London; Clinical Lead and Consultant Reproductive Psychiatrist, Maudsley Hospital, London

Rheumatoid arthritis – empowered care: self-management and women's health
Dr Elena Nikiphorou
Reader in Rheumatology and Medical Education, King's College London; Rheumatology Consultant, King's College Hospital

Professor John Stevenson Lecture*
Chair: Professor Janice Rymer

HRT and coronary disease: between a rock and a hard place?
Speaker: Professor John Stevenson
Emeritus Reader in Metabolic Medicine, National Heart and Lung Institute, Imperial College London; Trustee – British Menopause Society, Past Chairman – Women's Health Concern

*Professor John C Stevenson is an internationally recognised Consultant Physician and Endocrinologist. Professor Stevenson's particular interest in calcium and bone metabolism and their regulation by sex steroids has extended into the effects of hormones both on the skeleton and on the cardiovascular system. In 1993, he jointly established the first Female Heart Disease Clinic in the UK at the Royal Brompton Hospital, London. Professor Stevenson was WHC Chairman from 1993 until its deregistration as an independent charity in 2025.

www.womens-health-concern.org/symposium/

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Urogenital symptoms and their management

Dr Angie Rantell

Consultant Nurse, Urogynaecology, King's College Hospital, London

The role of the pelvic health physiotherapist

Mrs Lucia Berry

Vice Chair Pelvic, Obstetric and Gynaecological Physiotherapy, Brunel University, London

A case study session: From hot flushes to heart attacks: HRT and cardiovascular risk assessment; Not One Size Fits All: Navigating Progestogen Sensitivity; Turning down the heat: are NK3 antagonists the answer?; From Safety to Efficacy: Vaginal Therapy with or without a history of breast cancer

Kathy Abernethy

Menopause Specialist; Nurse: Director – the menopause course; Trustee – British Menopause Society

Dr Katie Barber

Clinical Lead Community Gynaecology, Oxfordshire; Founder and Clinical Director, Oxford Menopause Ltd

Dr Olivia Hum

GP, Foundry Healthcare Lewes, Myla Health; Member – British Menopause Society medical advisory council

Dr Zoe Schaedel

GP, Brighton and Hove NHS Community Menopause Clinic; Member – British Menopause Society medical advisory council

Take home messages and close

Professor Janice Rymer

Please note, sessions and speakers may be subject to change.
All speakers are required to make a formal declaration of interest at the beginning of their presentation.

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